## **Avish Parashar**

**Avish** grew up in "exotic" Poughkeepsie, NY and now makes his home in Philadelphia, PA. Though he performed all through high-school, he decided to stop performing when he went to college to "focus on his studies." (his parents were very proud of this decision)

That resolve lasted only a few months, as the first time he saw an improv comedy show he fell in love (his parents were slightly less proud). One week later he auditioned for the campus improv group, got in, and the rest is history. After graduating, he started Polywumpus Improv Comedy, which did regular performances in and around Philadelphia for 7 years. Avish closed up Polywumpus to focus on the speaking and training side of the business – using improv comedy as a tool to teach valuable business skills such as creativity, innovation, and adaptability.

Weaving together humorous stories, jokes, audience interaction, and improv comedy games, Avish keeps the audience engaged while imparting a key lesson: Planning is Important, but Improvising is Essential! No matter how well you plan, things will go wrong, surprises will arise, and the Universe will throw you a curveball. Your success and sanity are directly related to how you respond these challenges. By the end of one of Avish's presentations you will have key tools to flow with all that life throws at you. Avish has spoken to the very creative (actors and directors), the very un-creative (accountants), the very casual (college students), and the very business-like (sales professionals). The end result is always the same - smiles, laughs, and a new way of looking at life and business.

Avish is the author of "Improvise to Success!" and the Amazon best-selling, "Say 'Yes, And!"